



# INCLUDE THE FOOD WITH GREEN WASTE

**Nearly 40%**  
of all residential waste produced  
is organic material that can be  
recovered and turned into useful  
biproducts, such as compost, fertilizer,  
biofuel and electricity.

By collecting household food scraps,  
you are helping to create a cleaner,  
more sustainable environment.

Look inside for 3 simple steps to help  
you succeed in collecting food scraps

## Kitchen Pail Tips

- Empty food scraps into green waste cart often.
- Wrap food items, like meat and fish, in newspaper and store it in the freezer until collection day.
- Wash kitchen pail in the dishwasher or by hand.

Use smartphone to scan for additional resources:



## VISIT US!

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**Valley Vista Services**  
Waste Disposal and Recycling Division

## Food Waste Recycling Guide



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# THREE EASY STEPS

1

## Place

kitchen pail in a convenient place.



2

## Line

pail with a clear plastic bag and place all food scraps inside.



3

## Empty

tied bag of food scraps into your green waste cart.



## DO NOT PLACE THESE ITEMS INTO THE FOOD PAIL

CAT LITTER/ PET WASTE

COFFEE CUPS & K-CUPS

"COMPOSTABLE" OR

"BIODEGRADABLE" TAKEOUT

CONTAINERS AND UTENSILS

CORKS

DIAPERS

FACIAL TISSUE

FAST-FOOD WRAPPERS

LIQUID WASTE

PACKAGING

PAPER PLATES AND CUPS

PAPER CARTONS

PLASTIC

STYROFOAM

TAKEOUT CONTAINERS

WAX PAPER

## ACCEPTABLE ITEMS IN THE FOOD PAIL

**Meat, poultry and bones**

**Fish and shellfish**

**Eggs and eggshells**

**Cheese and dairy products**

**Bread & baked goods**

**Pasta, rice, cereals and grains**

**Beans, legumes, nuts and seeds**

**Vegetable & Fruits**

**Peels and pits**  
(remove stickers)

**Coffee grounds & filters**

**Paper tea bags**  
(remove staple)

**Leftover scraps**

**Spoiled food**

**Plate scrapings**

**Food-soiled paper**

